

## Tableau des 14

04/11/24

|                   | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-------------------|-----------|--------|-----------|----------------|--------|------|
| betteraves rouges |           |        |           |                |        |      |
| lasagnes          |           |        |           |                | x      | x    |
| Salade            |           |        |           |                |        |      |
| Yaourt            |           |        |           |                |        | x    |

05/11/24

|                     | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|---------------------|-----------|--------|-----------|----------------|--------|------|
| salade de lentilles |           |        |           |                |        |      |
| Croque biquette     |           |        |           |                | x      | x    |
| Salade              |           |        |           |                |        |      |
| Yaourt              |           |        |           |                |        | x    |

07/11/24

|               | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|---------------|-----------|--------|-----------|----------------|--------|------|
| Salade de riz |           |        |           |                |        |      |
| Poulet        |           |        |           |                |        |      |
| Légumes       |           |        |           |                |        |      |
| Fromage       |           |        |           |                |        | x    |

08/11/24

|                       | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-----------------------|-----------|--------|-----------|----------------|--------|------|
| Velouté de potimarron |           |        |           |                |        | x    |
| Polenta               |           |        |           |                |        | x    |
| Gratin de légumes     |           |        |           |                |        | x    |
| Gateau mémé           |           |        |           |                | x      | x    |

# allergènes

| Lupin | Mollusques | Moutarde | Œufs | poisons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|---------|--------|------|----------|
|       |            | x        |      |         |        |      |          |
|       |            |          | x    |         |        |      |          |
|       |            |          |      |         |        |      |          |
|       |            |          |      |         |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poisons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|---------|--------|------|----------|
|       |            | x        |      |         |        |      |          |
|       |            |          | x    |         |        |      |          |
|       |            | x        |      |         |        |      |          |
|       |            |          |      |         |        |      |          |
|       |            |          |      |         |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poisons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|---------|--------|------|----------|
|       |            | x        |      |         |        |      |          |
|       |            |          |      |         |        |      |          |
|       |            |          |      |         |        |      |          |
|       |            |          |      |         |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poisons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|---------|--------|------|----------|
|       |            |          |      |         |        |      |          |
|       |            |          |      |         |        |      |          |
|       |            |          | x    |         |        |      |          |
|       |            |          |      |         |        |      |          |

## Tableau des 14

12/11/24

|                 | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-----------------|-----------|--------|-----------|----------------|--------|------|
| Carottes râpées |           |        |           |                |        |      |
| Quiche          |           |        |           |                | X      | x    |
| Salade          |           |        |           |                |        |      |
| yaourt          |           |        |           |                |        | x    |

13/11/24

|                 | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-----------------|-----------|--------|-----------|----------------|--------|------|
| Chili con carne |           |        |           |                |        |      |
| Riz             |           |        |           |                |        |      |
| fromage         |           |        |           |                |        | x    |
| fruit           |           |        |           |                |        |      |

15/11/24

|                    | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|--------------------|-----------|--------|-----------|----------------|--------|------|
| velouté de légumes |           |        |           |                |        |      |
| Filet de poisson   |           |        |           |                |        |      |
| Légumes            |           |        |           |                |        |      |
| Yaourt             |           |        |           |                |        | X    |

16/11/24

|         | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|---------|-----------|--------|-----------|----------------|--------|------|
| Kebab   |           |        |           |                | x      | x    |
| Frites  |           |        |           |                |        |      |
| Brownie |           |        |           |                | X      | x    |

## allergènes

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | x        |      |          |        |      |          |
|       |            |          | X    |          |        |      |          |
|       |            | x        |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            |          |      |          | x      |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | x        |      |          |        |      |          |
|       |            |          |      | X        |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | x        | x    |          | x      |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          | x    |          |        |      |          |
|       |            |          |      |          |        |      |          |

## Tableau des 14

18/11/24

|                    | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|--------------------|-----------|--------|-----------|----------------|--------|------|
| velouté de légumes |           |        |           |                |        | X    |
| Coquiflette        |           |        |           |                | X      | x    |
| Salade             |           |        |           |                |        |      |
| Fruit              |           |        |           |                |        |      |

19/11/24

|                | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|----------------|-----------|--------|-----------|----------------|--------|------|
| Salade de chou |           |        |           |                |        |      |
| Poulet         |           |        |           |                |        | X    |
| Riz            |           |        |           |                |        |      |
| Compote        |           |        |           |                |        |      |

21/11/24

|                           | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|---------------------------|-----------|--------|-----------|----------------|--------|------|
| Salade de pommes de terre |           |        |           |                |        |      |
| Croque-biquette           |           |        |           |                | X      | X    |
| Salade                    |           |        |           |                |        |      |
| Yaourt                    |           |        |           |                |        | X    |

22/11/24

|                   | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-------------------|-----------|--------|-----------|----------------|--------|------|
| Taboulé maraîcher |           |        |           |                |        |      |
| Sauté de porc     |           |        |           |                |        |      |
| Riz               |           |        |           |                |        |      |
| Tarte             |           |        |           |                | X      | X    |

## allergènes

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | x        | X    |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | X        |      |          |        |      |          |
|       |            |          |      |          |        | X    |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | X        |      |          |        |      |          |
|       |            |          | X    |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | X        |      |          |        |      |          |
|       |            |          |      |          | X      | X    |          |
|       |            |          | X    |          |        |      |          |
|       |            |          |      |          |        |      |          |

## Tableau de

25/10/24

|                 | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-----------------|-----------|--------|-----------|----------------|--------|------|
| carottes râpées |           |        |           |                |        |      |
| Saucisse        |           |        |           |                |        |      |
| Purée           |           |        |           |                |        | X    |
| Compote         |           |        |           |                |        |      |

26/10/24

|                 | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-----------------|-----------|--------|-----------|----------------|--------|------|
| Salade de pâtes |           |        |           |                | X      |      |
| Dahl breton     |           |        |           |                |        |      |
| Riz             |           |        |           |                |        |      |
| Fromage         |           |        |           |                |        | X    |
| Yaourt          |           |        |           |                |        | X    |

28/10/24

|                 | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-----------------|-----------|--------|-----------|----------------|--------|------|
| Salade coleslaw |           |        |           |                |        |      |
| Dinde           |           |        |           |                |        |      |
| Semoule         |           |        |           |                | X      |      |
| Fruit           |           |        |           |                |        |      |

29/10/24

|                   | Arachides | Céleri | Crustacés | Fruits à coque | Gluten | Lait |
|-------------------|-----------|--------|-----------|----------------|--------|------|
| velouté           |           |        |           |                |        | X    |
| Salade            |           |        |           |                |        |      |
| Gratin de légumes |           |        |           |                | X      | X    |
| Gâteau Mémé       |           |        |           |                | X      | X    |

## s 14 allergènes

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | X        |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | X        | X    |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            | X        | X    |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |

| Lupin | Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|-------|------------|----------|------|----------|--------|------|----------|
|       |            |          |      |          |        |      |          |
|       |            |          |      |          |        |      |          |
|       |            |          | X    |          |        |      |          |
|       |            |          |      |          |        |      |          |



# llergènes

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        |      |          |        |      |          |
|            |          | X    |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            |          |      |          |        |      |          |
|            |          |      | X        |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          | X    |          |        |      |          |
|            |          |      |          |        |      |          |



# llergènes

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            |          | X    |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        | X    |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            |          |      |          | X      | X    |          |
|            |          | X    |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |



# llergènes

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        |      |          |        |      |          |
|            |          | X    |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        |      |          |        |      |          |
|            |          |      | X        |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        | x    |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |

| Mollusques | Moutarde | Œufs | poissons | Sésame | Soja | Sulfites |
|------------|----------|------|----------|--------|------|----------|
|            | X        | X    |          | X      | X    |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |
|            |          |      |          |        |      |          |